

Introduction to the IB

Wellington College



Overview

DURATION: 2 Weeks

LESSONS: 2 x 90 minutes per day; 5 days a week

LEVEL REQUIRED: Intermediate and above.

SUITABLE FOR: Students interested in pursuing future study in the International Baccalaureate Middle Years Programme and/or Diploma Programme.

The International Baccalaureate is renowned worldwide for helping students to achieve success in traditional academic subjects, as well as broadening students' overall intellectual, emotional and ethical awareness through its holistic curriculum. The IB integrates the development of the students' depth of knowledge with a focus on their physical wellbeing, mental wellbeing, and appreciation of 21st century skills. Our Introduction to IB programme concentrates on the following disciplines, which constitute the core of a year-round IB curriculum: **Humanities; Sciences; Mathematics; Arts; and Technology**. The course focuses on developing both subject knowledge within these fields, as well as the 21st century skills associated with successful academic study, such as critical thinking skills, communication skills, collaboration skills and problem-solving skills.

Course Objectives

- To develop a broad understanding of the curricula used in International Baccalaureate programmes.
- To develop effective study strategies for the different components of the curricula.
- To nurture key skills transferable to all learning: creativity, communication, research, teamwork, social skills and independent learning
- To develop presentation skills
- To improve all-round confidence in using English communicatively

Course Schedule

Week 1	Week 2
1.1 Introduction to the course 1.2 What is the International Baccalaureate?	6.1 International Mindedness 6.2 Research and Presentation Skills Lesson
2.1 Language and Literature: IB requirements 2.2 Language and Literature Project Lesson	7.1 Language: Studying languages for the IB 7.2 Language Acquisition Project Lesson
3.1 Individuals and Societies: The IB Approach 3.2 Collaborative Sociology Project Work	7.1 The Arts: Cultural understanding 7.2 Art and Culture Project Lesson
4.1 Physical and Health: Mindfulness in study 4.2 Mindfulness Project Lesson	9.1 Science: Science and the IB 9.2 Research and presentation Science Project
5.1 Time to Shine 5.2 Review	10.1 Time to Shine 10.2 Review

Please note the above is given as an example, and is subject to change.